



# PRESCHOOL/YOUTH

## TENNIS, TENNIS, TENNIS!!

The Town of Vienna has teamed up with FirstServeTennis Academy to provide first-rate instructional tennis programs for all ages! Co-founders of FSTA, Gregg Deinhart and Stephan Schlagenhauff are USPTA and Easitennis certified instructors who created FirstServe Tennis programs to teach tennis techniques in a friendly, fun and supportive environment that fosters student improvement and achievement. By keeping group lesson size small, Gregg and Stephan's students benefit from individual attention that leads to quick results. Tots, kids, youths and adults can join FSTA instructors on the court for camps, group lessons and private lessons this year. Whatever your level of play, you are just a few hours of FirstServe Tennis instruction away from a lifelong love of tennis!

[www.tenniseveryone.net](http://www.tenniseveryone.net)

Bring water and your own racket - for advice on purchasing the proper racket, please call 703-867-1970

### **Tots Classes - Ages: 4 - 6**

*September 11 – October 23* (No class October 9)

**204040 A1** – M - 1:00 p.m. – 1:45p.m.

*September 14 – October 19*

**204040 B1** – TH - 1:00 p.m. – 1:45 p.m.

Fee: R \$96 / NR \$110

### **Kids Tennis Classes - Ages: 7 – 10 Beginner**

*September 11 – October 23* (No class October. 9)

**214040 A1** – M - 2:00 p.m. – 3:00 p.m.

**214040 B1** – M - 3:00 p.m. - 4:00 p.m.

**214040 C1** – M - 5:00 p.m. – 6:00 p.m.

*September 12 – October 24*

**214040 D1** – T - 3:00pm – 4:00pm

Fee: R \$96 / NR \$110

## KINDERTOTS

Age 2 ½ to 3

A pre Kinderdance program designed to develop gross motor skills, movement creativity, physical development and body awareness while learning numbers, colors, shapes and songs. Recommended dress for girls includes leotard and tights; for boys t-shirts and shorts. Children that cannot be a cooperating member of class may be asked to discontinue until they are older. Parents may stay for the last class of the session.

*September 13 – November 1*

**203370 A1** - W - 11:00 a.m. – 11:45 a.m.

*September 9 - November 4*

(No class September 30)

**203370 B1** - S - 9:00 a.m. – 9:45 a.m.

Fee: R \$72 / NR \$90 – Eight classes

### **KINDERTOTS MOMMY AND ME**

Age 2

Parents are active participants in this class. A pre Kinderdance program designed to develop gross motor skills, movement creativity, physical development and body awareness while learning numbers, colors, shapes and songs. Recommended dress for girls includes leotard and tights; for boys t-shirts and shorts. Children that cannot be a cooperating member of the class may be asked to discontinue until they are older.

*September 13 – November 1*

**203371 A1** - W – 10:15 a.m. - 10:45 a.m.

Fee: R \$64 / NR \$80 – Eight classes

## CHILDREN'S DANCE

These classes can help improve coordination and agility. In ballet children learn basic ballet positions and movements aiding coordination, balance, perception and flexibility. Classes progress in floor work and bar exercises depending on the level of children's abilities. Soft-soled ballet slippers are needed for the appropriate class. Please label all equipment with the child's name and telephone number. Children who cannot be a cooperating member of the class may be asked to discontinue until they are older. Parents may observe the last day of class.

### **BALLET 3**

*September 9- November 4*  
(No class September 30)

**208100 E1** - S

10:00 a.m. - 10:45 a.m.

*September 12- October 31*

**208100 A1** - T

3:00 p.m. - 3:45 p.m.

### **BALLET 3 AND 4**

*September 13 - November 1*

**208100 B1** - W

9:15 a.m. - 10:00 a.m.

**208100 D1** - W

4:00 p.m. - 4:45 p.m.

### **BALLET 4**

*September 12 - October 31*

**208100 C1** - T

4:00 p.m. - 4:45 p.m.

### **BALLET 4-5**

*September 9 - November 4*  
(No class September 30)

**208100 F1** - S

11:00 a.m. - 11:45 a.m.

### **BALLET 5-7**

*September 13 - November 1*

**218100 A1** - W

5:00 p.m. - 5:45 p.m.

Fee: R \$72 / NR \$90 - Eight classes

## ETIQUETTE

Ages 5 - 7

**Instructor: Sue Ellen Bron**

Activity oriented and designed to foster children's growth through effective age appropriate, self-esteem building exercises. The ABC's of meeting, greeting and saying good-bye, little things we say and 1,2,3 let's eat! Take-home handouts reinforce and develop positive attitudes towards good manners.

*September 16*

**212550 A1** - S - 9:30 a.m. - 12:00 p.m.

Fee: R \$40 / NR \$50 - Four classes

A \$10 materials fee payable to the instructor is due on the first day of class.